<u>The Dash</u>

I often question if a coffin is where my legacy is destined a Riga-mortis reflection of me buried 6 ft deep in the 6, my legacy and soul awaiting the arrival of 12 disciples and no remnants of me no fruits of labor left for my seeds not leaving this world better than when I had come in my name forgotten; not even whispered upon the lips of those my actions impacted it's scary I heard once that the worst thing that could happen to us when we die is not death itself it is to be forgotten I cringe at the thought of my efforts lost in coffins boxed in; the same confines that caused me problems my legacy and beliefs encrypted on a tombstone indicating the dates to and from but I hope the dash in between represents more than just the good work i've done my life blowing in the wind like the breath that has left from my lungs only to leave this world unfulfilled with holes in the pure potential I was given and spinning the same cycle to my children? No When your time comes, and your soul is sent what will the dash on your tombstone Represent?

Reflections:

Two things in life are guaranteed, life and inevitably, death. Nothing else is promised to us. Many of us never take the time to reflect on what it is we would like to leave behind. I believe each day we are given is an opportunity to create or leave our legacy. A legacy is not only how we are remembered but its also what we leave behind for others to celebrate and continue what we stood for. When we take the time to realize that often so many souls depart this earth without making some positive impact or contribution, it can be a sad realization. To know of the sacrifices and the blood shed that was made to provide us our own canvas to create. A legacy does not have to be as grand as any one else. We all inherit different lives, skills and opportunities. We must make the most of what we are given and of the things we've fought for.

When think of a tombstone we often see the dates and sometimes neglect the dash in between. To me, that dash is the most important thing on the tombstone. That dash is the symbol of what that person represented. And of the lives they have touched and the things they've created in that time period.

So what is your legacy?